



Now is a perfect time to schedule your yearly mammogram.

Mammograms are an essential part of a woman's health after the age of 40. With early detection, breast cancer is 99% curable.*

Davis Hospital is proud to provide 3D Mammography™.

This advanced procedure is 41% more accurate than traditional digital mammograms, which means earlier detection and fewer false alarms.** In addition, it's administered by certified mammography technologists and interpreted by fellowship trained breast radiologists. Davis Hospital offers 3D™ Mammograms at our main campus location.

In addition to 3D™ Mammograms, Davis Hospital Breast Care Center provides:

- Breast MRI
- Osteoporosis screening
- High-risk assessment and counseling
- Genetic testing
- Cancer patient navigator
- Minimally invasive biopsy

Making a Mammogram Appointment is Simple!

1 Option 1:
CALL
801-807-7120

2 Option 2:
GO ONLINE
DavisMammo.com

3 Option 3:
WALK IN
**2132 N. 1700 W., B-100
Layton, UT 84041**

Breast Care Center

DAVIS HOSPITAL AND MEDICAL CENTER

In Partnership With Physician Owners



Accredited by the American College of Radiology



Davis Hospital
AND MEDICAL CENTER
In Partnership With Physician Owners

3D Mammography, 3D and Genius are trademarks and/or service marks of Hologic, Inc.

*Source: Susan G. Komen® for the Cure **Data on file with Hologic, Inc.

Walk in Now for a

MAMMOGRAM
TODAY
9 a.m.–4 p.m.



Breast Care Center

DAVIS HOSPITAL AND MEDICAL CENTER

In Partnership With Physician Owners

Robert F. Bitner Building
2132 N. 1700 W., Suite B-100
Layton, UT 84041

801-807-7770

IASIS
HEALTHCARE

Or Schedule Online at DavisMammo.com

Bone Density Testing

Comprehensive Breast Care Services

Breast Care Center

DAVIS HOSPITAL AND MEDICAL CENTER

A bone density or DEXA scan is a low-dose x-ray test that is used to diagnose the early signs osteoporosis. It is also used to monitor those that have known osteoporosis and are undergoing treatment.

The DEXA scan is a simple painless test that takes about 30 minutes.

Osteoporosis Risk Factors

- Family history
- Low body weight
- Early menopause
- Medications (including thyroid and steroid medications)
- Smoking
- Rheumatoid arthritis
- Low calcium intake
- Female over age 50

Schedule a Bone Density Scan

You will need a doctor's order to have a bone density test. You may bring the order with you or have it faxed to 801-807-7650.

You may want to schedule your DEXA scan for the same time as your mammogram.

Please dress in comfortable clothing with no zippers or metal snaps.

For more information or to schedule an appointment, call 801-807-7120.

For more information or to schedule an appointment, call 801-807-7770 or go to DavisMammo.com.



Breast Care Center
2132 N. 1700 W., Suite B-100
Layton, UT 84041

We are located just off the freeway in the Robert F. Bitner Building with close parking and easy access.

Davis Hospital
AND MEDICAL CENTER
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Mammography Breast Ultrasound Bone Density Scan





Mammography

Our mammography department has the most current technology and equipment, including Hologic digital and 3D Mammography™ machines. In addition, we have an experienced staff of technologists and radiologists who have received extensive training.

Hologic 3D Mammography™ detects up to 41% more invasive breast cancers than traditional digital mammograms, which means earlier detection and fewer false alarms.*

Who Should Get a 3D Mammogram™?

A yearly mammogram is recommended for all women over the age of 40. If you have any of the following risk factors, we recommend a 3D mammogram™:

- Baseline
- Prior history of breast cancer
- High risk of breast cancer
- Dense breast tissue

How to Prepare for Your Mammogram

- Wear two-piece, comfortable clothing
- Remove any powder or deodorant before the exam
- If possible, bring previous mammograms with you for comparison
- Inform us of any breast surgeries such as biopsies or implants
- Inform the technologist if you are pregnant or think you could be
- Tell your doctor and technologist of any breast issues
- You may want to avoid the week before and during your period, if you experience tenderness



Breast Cancer

Breast cancer symptoms vary widely—from lumps to swelling to skin changes—and many breast cancers have no obvious symptoms at all. Symptoms that are similar to those of breast cancer may be the result of non-cancerous conditions, like an infection or a cyst.

Did you know that age is the single biggest risk factor for breast cancer? Which is why it's so important to get a yearly mammogram starting at age 40.

Mammograms are probably the most important tool doctors have to diagnose, evaluate and track breast cancer. Safe and highly accurate, a mammogram is an x-ray of the breast, and has been around for about 30 years.

While mammograms don't prevent breast cancer, they can save lives with early detection. Mammograms have shown to increase the survival rate of women with breast cancer by 35% in those over the age of 50, and 25–35% for women between 40 and 50.

Breast Care Services

- 3D Mammography™/Tomosynthesis
- Digital Mammography
- Breast Ultrasound
- Minimally Invasive Biopsy
- Genetic Risk Assessment and Testing
- Bone Density Scan (DEXA)
- Interdisciplinary Team Approach
- Patient Nurse Navigator

Did You Know?

- You can schedule your own mammogram before seeing your doctor, if you are problem free and have no history of breast cancer.
- You can schedule online or by calling.
- Most appointments can be scheduled within a week.

For more information or to schedule an appointment, call 801-807-7120 or go to DavisMammo.com.

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1

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Option 2: GO ONLINE

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3

Option 3: WALK IN

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